

Cold Dubai

Yes, you read right – there really are some really chilly spots in Dubai. Here are **25 cool ideas** (although we're not entirely sure about how good they are for the environment). Edited by *Becky Lucas*

1 The Lounge at The Palace Hotel (04 428 7888). It's an outdoor shisha place, where the air-con seeps out from the surrounding doorways to create an artificially cool al fresco spot. Hmmm.



2 Times Square's arctic Chill Bar (04 341 8121). How long can you last in minus 6C?

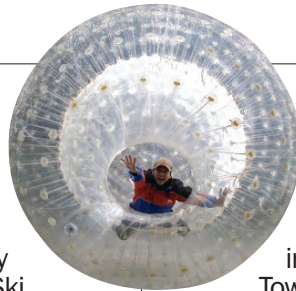
3 An ice carving class with chef Mark at Al Bustan Rotana (04 705 4818), from Dhs140.



4 The plunge pool at the Aviation Club (04 282 4122) or Al Maha Desert Resort (04 303 4222).

5 Uptown Bar's terrace at night (04 406 8999). If not cool, it's at least bearable.

6 The inflatable snowball or the mountain thriller, a 128m-long family sledge, both at Ski Dubai (04 409 4000).



7 Any cinema. It's the one time of year we don't moan (as much) about the AC.

8 The Dubai Mall's ice skating rink (04 437 3111). Or, for those who prefer old-school, Hyatt Regency (04 209 6550) or Al Nasr Leisureland (04 3371234).

9 The Mercure Grand hotel (03 783 8888) at the top of Al Ain's Jebel Hafeet. Apparently it's a whole two degrees cooler up there.

10 The aquarium at The Dubai Mall, during a dive. Maybe you'll get a chill thinking about the nearby sharks, too.

11 Sitting on a speeding boat following a dip in the sea. Bound to get the goosebumps rising.



12 The Russian-packed mall in Al Fattan Towers on the JBR seafront. The aircon is so intense it makes your eyes ache.

13 The ice shower at The Fairmont's Willow Stream Spa. Only for the brave (04 311 8800).

14 The floor in your tiled kitchen. If you lie on it naked.



15 Dubai's air-conditioned bus shelters – well, the ones that work.

16 Certain desks in your over-cooled office.

17 Cool Summer Nights at Aquaventure (04 426 0000). The combination of wet skin and blow-up doughnuts by night does the trick.



18 The Address's chilled infinity pool (04 436 8888).

19 The caviar-filled ice bar at The Terrace in the Park Hyatt (04 602 1234).

20 The freezer at Bacio Gelato in Al Barsha (04 323 2949). Tasty, too.

21 In front of the fridge – if you allow the cabbagey wind to blow over you.



22 Bank lobbies near the ATMs – should you need to cool off in the middle of a walking trip.

23 The edge of the lake at the Irish Village (04 282 4750). Roll up your trouser legs and stick your feet in.

24 Mushrif Park's shaded outdoor pools.

25 A sun-starved pool in Hatta. It'll take your breath away. Desert Rangers (04 222 2808).